

Lady Admiral Basketball Skills Camp

July 18th-20th

Ages:

Rising 1st grade – Rising 8th grade
(campers will be divided into groups
depending on age and ability)

Skills:

Ball handling, footwork, shooting,
passing, scoring, defensive
technique, rebounding

Activities:

We will have skill work, various
individual and team
competitions.

Competitions (with prizes):

Ball handling,
1 on 1,
3 on 3,
free throws,
3 point,
hot shot



Camp Instruction led by:

Current Lady Admiral Coaches
Former Lady Admiral Players,
and Current Lady Admirals.



Each camper will receive a t-shirt and pizza
lunch on the last day. Please bring lunch if you
are attending the All Day Session.

There will be prizes for winners of different
competitions.



Registration Form

Player Name: _____

Age: _____

T-shirt size: _____
(Adult and youth sizes
available)

Parent #1 Email: _____

Parent #1 Cell Number: _____

Emergency Contact

(different than Parent #1):
Name: _____

Contact #: _____

Session Attending

Morning Only Session:
9am-12pm- \$75- _____

All Day Session (bring bag lunch):
9am-3pm-\$125- _____

For More Information, please
contact:
Jason Mayfield at
jason.mayfield@knoxschools.org
865-556-7493

Checks and registration can be
mailed to 321 Clover Fork Drive
Knoxville, TN 37934