

# Lady Admiral Basketball Skills Camp

July 15th-17th

## Ages:

Rising 1st grade – Rising 8th grade  
(campers will be divided into groups  
depending on age and ability)

## Skills:

Ball handling, footwork, shooting,  
passing, scoring, defensive  
technique, rebounding

## Activities:

We will have skill work, various  
individual and team  
competitions.

## Competitions (with prizes):

Ball handling,  
1 on 1,  
3 on 3,  
free throws,  
3 point,  
hot shot



Camp Instruction led by:

Current Lady Admiral Coaches  
Former Lady Admiral Players,  
and Current Lady Admirals.



Each camper will receive a t-shirt and pizza  
lunch on the last day. Please bring lunch if you  
are attending the All Day Session.

There will be prizes for winners of different  
competitions.



## Registration Form

Player Name: \_\_\_\_\_

Age: \_\_\_\_\_

T-shirt size: \_\_\_\_\_

(Adult and youth sizes  
available)

Parent Email: \_\_\_\_\_

Parent Cell Number: \_\_\_\_\_

Emergency Contact  
(different than Parent)  
Name: \_\_\_\_\_

Contact #: \_\_\_\_\_

## Session Attending

Morning Only Session:  
9am-12pm- \$75- \_\_\_\_\_

All Day Session (bring bag lunch):  
9am-3pm-\$125- \_\_\_\_\_

For More Information, please  
contact:  
Jason Mayfield at  
jason.mayfield@knoxschools.org  
865-556-7493

Checks and registration can be  
mailed to 321 Clover Fork Drive  
Knoxville, TN 37934